

AUDIOLOGY ASSOCIATES

www.audiologyassociates-sr.com

hear today, hear tomorrow

VNG Instructions

Please allow **2 hours for your appointment, and we recommend bringing a driver**, as you may feel unsteady or disoriented after your testing.

This test evaluates your balance system. A comprehensive series of tests will be performed during your appointment. Prior to each test, an explanation will be given so that you will have a better understanding of what is being tested and why. We make every attempt to make your visit comfortable as well as educational.

You will be instructed to **refrain from taking certain medications for 48 hours prior to your test date** (please see the list below). Certain medications can influence the body's response to the test, thus giving a false or misleading result. **You will find a short list below**, however if you have any questions or concerns about discontinuing your medications please consult your doctor.

- **Alcohol:** beer, wine, cough medicine.
- **Analgesics- Narcotics:** Codeine, Demerol, Penaphen, Tylenol with codeine, Percocet, Darvocet.
- **Anti-histamines:** Chlor-trimeton, Dimetapp, Disophrol, Benadryl, Actifed, Teldrin, Triaminic, Hismanol, Claritin ... any over-the-counter cold remedies.
- **Anti-seizure medicine:** Dilantin, Tegretol, Phenobarbital. Anti-vertigo medicine: Anti-vert, Ru-vert, Meclizine.
- **Anti-nausea medicine:** Atarax, Dramamine, Compazine, Antivert, Bucladin, Phenergan, Thorazine, Scopalomine, Transdermal.
- **Sedatives:** Halcion, Restoril, Nembutal, Seconal, Dalmane, or any sleeping pill. Tranquilizers: Valium, Librium, Atarax, Vestaril, Serax, Ativan, Librax, Tranxene, Xanax.

***You may take blood pressure medications, heart medications, thyroid medication, Tylenol, insulin, estrogen, etc. Always consult with your physician before discontinuing any prescribed medication.

Please eat lightly for 12 hours prior to your appointment. If your appointment is in the morning you may have a light breakfast such as toast and juice. If your appointment is in the afternoon, eat a light breakfast and have a light snack for lunch. Please **avoid caffeine in beverages such as coffee or soft drinks**. Please **discontinue the use of nicotine products for at least 4 hours prior** to the VNG appointment. **Facial make-up, including eye liner and mascara, must be removed prior to the exam, as it will interfere with testing procedures**. Ear canals should be clear of wax to assure accurate test results. If you have a cold or are experiencing flu symptoms, please call us to reschedule the appointment as soon as possible.

List of medications

This list of medications will affect the results of the tests that you have been scheduled for. *If the medication is listed below, please consult your physician and discontinue use 48 hours prior to testing, upon your physician's approval.*

Please continue to take heart, blood pressure, and diabetes medications. Seizure medication can only be stopped by a physician's approval.

If you have any questions, regarding any other medications not listed, please call the following number (707)523-4740.

Adderall	Dallergy Cap	Mepergan	Remron
Agonists	Dalmane	Meperodome HCl	Restoril
Allegra	Darvocet	Mephentyoin	Ritalin
Alprazolam	Darvon	Mephobarbital	RMS
Amobarbital	Deconamine	Merezine	Robaxin
Amytal	Decongestants	Decongestants	Mesantoin Roxanol SR
Analgesics (Aspirin)	Demerol	Methabital	Roxicodone
Anaspaz	Dexedrine	Methocarbamol	RU-Tuss
Anti-Depressants	Dextrostat	Milltown	RU-Vert-M
Antiasthmatic Products	Diazepam	Mitran	Rynatan
Anticholinergics	Dilantin	Mohan	Scopolamine Topical
Anticonvulsants	Dilaudid	Morphine Sulfate	Secobarbital
Antihistamines	Dimehydrinate	Motrin	Seconal
Antivert	Dimetabs	MS Contin	Sedatives
Antivertigo	Dimetapp	MSIR	Seldane
Antizine	Diphenhydramine	Mudrane	Serzone
Astelin	Dipheniciol	Muscle Relaxers	Sinequan

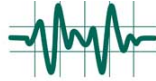


AUDIOLOGY ASSOCIATES

www.audiologyassociates-sr.com

hear today, hear tomorrow

Atarax	Dizmiss	Mysoline	Sodol
Ativan	Dolene	Narcotics	Soma
Axid	Donnatal	Nembutal	Sudafed
Baclofen	Doral	Norflex	Surax
Barbidonna	Dorcol Decongestant	Norgesic	Tagamet
Belladonna Alkaloids	Dramamine	Novafed	Tanxene
Bellafoline	Drixoral	Novahistine	Tavist
Bellergal-S Tab	Effexor	O-Flex	Tedrol
Benadryl	Elavil	Orflagen	Tegretol
Benylin	Entex IA	Omade Orphenadizine	Temaril
Benzadioepine	Estazolam	Ouadrinal	Temazepam
Benzodiazepines	Ethotoin	Oucizepam	Tigan
Bonine	Etrafon	Oxazepam	Tofranil
Bromfed	Extendryl	Oxycodone HCl	Transderm
Bronkolixir	Fioricet	Paraflex	Triaminic
Bronkotabs	Flexeril	Parafon Forte	Triavil
Bucladlin-S Softabs	Flurazepam	Paxil	Triazolam
Bucizine HCL	Fortis	Paxipam	Trimeprazine
BuSpar	Gemonil	Pediacare	Trimethobenzamide
Buspirone	Halazepam	Decongestant	HLC
Carisoprodol	Halcion	Peganone	Trinal
Centrax	Haldol	Pentobarbital	Trinxene
Cephalon	Hydrocodene	Pepcid	Tussend
Chlordiazepoxide	Hydromorphone HCl	Percadan	Tylenol Allergy/Sinus
Chlorephenesin	HZ-Antagonish	Pergaset	Tylenol w/Codeine
Carbamate	Imipramine	Phenaphen w/ Codeine	Tylox
Chlorzoxazone	Klonopin	Phenergan	Valium



AUDIOLOGY ASSOCIATES

www.audiologyassociates-sr.com

hear today, hear tomorrow

Clarinet	L-Hyoschamine	Phenobarbital	Vertigoheel
Claritin	Levsin	Phenylpropamine	Vicodin
Clemastin	Librax	Phenytoin	Vistaril
Clonazepam	Libritabs	Prazepam	Vivactil
Clorazepate	Librium	Prilosec	Vontrol
Dispostassium	Limbitrol	Primidone	Wellbutrin
Codeine	Lioresal	Promethazine	Wygesic
Codimal-A	Lorazepam	Propoxyphene	Xanax
Compazine	Lovelco	Prosum	Zantac
Cumetidine	Lufyllin-EPG	Provigil	Zolof
Cyclizene	Maolate	Prozac	Zyrtec
Cyclobenaprine	Mebaral	Pseudoephedrine	Cylert
Meclizine	Ranitidine	Cystospaz	